

Social Wellbeing 2023 highlights

February

Steps Challenge

We kicked off the year stepping our way through February with all offices getting involved!
We walked a total of 7,450,639 steps - this is further than the distance between London and New York!



March

Book Club

We launched AJH Book Club with our first book Eleanor Oliphant is Completely Fine.
We always welcome new members and please let us know if you would like to get involved in the next book!



May

Coronation Tea Party

In May we celebrated the King's coronation with a deserving afternoon tea with a selection of sandwiches, cakes and some royal fun!



June

Foodbank donations

We carried out FoodBank donations throughout the year, but particularly in June to help with the upcoming school holidays. We thank all our staff for their donations and generosity throughout 2023!



July

Pride Bake Off

To celebrate **PRIDE**, we raised donations for Mind Out charity by baking, buying and enjoying sweet treats in a bake sale across all offices.



August

Attwaters Ambles

To carry on our steps, we encouraged a lunchtime walk in the summer (ish) air!



October

Wear it Pink

We encouraged Attwaters to wear it pink for breast cancer awareness



Dec

Secret Santa, Cookbook and Christmas Jumpers

and many more events to come! If you have any ideas for the SWB Champions, please get in touch!
We appreciate any feedback or ideas you can offer!!

